

# Lisbon Legion News

May/June 2010

Volume 3, Issue 3, 353-8192

## COMMANDER'S COLUMN

This has been another busy year. We continue to be active with our Legion programs: Boys/Girls State, scouting, veterans outreach, and more. One of the most popular introductions has been the computer and printer. Members can set up email accounts (through yahoo, hotmail, google, g-mail, etc) and check it regularly. Others come to the Post with their own laptop computer to take advantage of the wireless internet connection. Job seekers have been able to look for jobs. Some even pay their bills on the computer.

A new year will be starting with new leadership and fresh blood. It is the duty and obligation of those who are seasoned leaders to support and guide those that are coming up through. We need new ideas and new energies to keep up with the times. If you have been sitting on the sidelines, wanting to help but waiting for an invitation, please consider this an invite. If you can attend a meeting, please attend. If you can't make it to the meeting but can work on a supper, help out with a cookout, help do some general cleaning, contact the Post and we welcome your help.

We have made great strides over the past year but have a long way to go. Thank-you for your continued support.

Mona Naragon  
Commander

## INSTALLATION

A triple installation will be held at 4 PM on Saturday, May 22<sup>nd</sup>. There will be a social hour starting at 3:00 PM. A supper will be served after the installation of officers with music to follow

## MEMORIAL DAY FESTIVITIES

The day really starts at 6:15 AM when post members show up to join the firing squads. They visit 7 different sites, one of which is a grave in the woods, to pay honor to passed veterans of all wars. They leave the post home by 6:30 AM and return for a hot breakfast about 7 AM.

The parade forms up in front of Crafts at 8:30 AM to start promptly at 9 AM. Any members of the Legion Family from Post 158 are encouraged to walk the route. Hot dogs and sodas are served at the Post at the conclusion of the parade.

This is another one of those events that our members don't always feel like participating in. However, it is equally important to have people on the sidelines of the parade route to pay respect to the veterans of America. So, get out of the house and get to the parade route to show you care.

The events don't stop with the parade. We will be hosting another chicken BBQ where tickets are sold in advance. Many people have special events on this important day but would still like to have some fresh BBQ. When you have a ticket, you will still have a meal waiting for you when you can swing by the post to get it. Tickets will be available at the canteen for \$6 adult and \$3 child.

## SCHOLARSHIPS

Scholarship applications are in the canteen. There are forms for students attending Lisbon High School and also for the **Commander's** Scholarship. If you are a member of the Lisbon Legion family and have a student attending Lisbon High School, be sure they apply for both. **Deadline is May 15.**

## MEMBERSHIP

A new membership year is starting. We are a great post. Please share that with friends, relatives, and acquaintances.

And, this is quite forward, but if you can possibly squeeze your dues out of your budget, would you please send them in before fall?

### **Check out Post 158's Home Page:**

[www.post158me.org](http://www.post158me.org)

If you have questions, changes of address, etc., you can now email the Post Adjutant at [adjutantpost158@roadrunner.com](mailto:adjutantpost158@roadrunner.com)

## Legion Benefits

As many of you already know, being a member of The American Legion comes with many benefits. There are a lot of members who don't realize they are entitled to these benefits. Listed below are three of the many benefits available. Please post this information in your Post Homes, republish it in your own newsletters, or read it at your meetings so your members are informed. The savings on one prescription could possibly cover the cost of a member's dues for the year.

### **Free Accidental Death Insurance:**

Legionnaires can sign up for the "No Cost" AD&D in any of the following ways:

- ◆ Go to the web site - theLIT.com – and enroll via computer.
- ◆ Call the toll free number 1-800-235-6943 and request activator form.

NOTE: The Post Adjutant will be initiating a special sign-up/renewal campaign during the summer

**CVS/CAREMARK:** The American Legion’s discount prescription program will be administered by CVS/Caremark, providing a discount prescription program to its members and their families. American Legion, Sons of the American Legion, American Legion Auxiliary members and their dependents save 20% or more on prescription drugs at participating pharmacies or through a mail order prescription program. For local service, simply show your membership card. There are many participating pharmacies in the network. To use the mail order program, obtain a form by calling CVS/Caremark. Service representatives may be reached toll-free at 1-888-414-3141.

**EyeMed Vision Care:** Your American Legion, SAL membership card and American Legion Auxiliary card is honored at many locations. Call or visit any participating network provider – LensCrafters, Sears Optical, Pearle Vision, Target Optical, or independent doctor of optometry. You can save up to 40% on eyewear. To find a location near you call 1-800-793-8626 or visit [www.eyemedvisioncare.com](http://www.eyemedvisioncare.com) and go to member access, then provider locator to locate a provider near you, scroll to bottom of page to Discount Plan Members and search under “A” for American Legion.

**Department of Veterans Affairs  
Togus VA Medical Center and Regional Office  
1 VA Center  
Augusta, ME 04330**

**VHA (Health)** (207) 623-8411 or (877) 421-8263 Toll-free in Maine (outside Augusta)

**VBA (Benefits)** (800) 827-1000 Toll-free throughout US

[www.va.gov](http://www.va.gov) (Total Overview of VA Services - provides links to other valuable info)

[www.visnl.med.va.gov](http://www.visnl.med.va.gov) (Health)

[www.vba.gov/ro/east/togus](http://www.vba.gov/ro/east/togus) (Benefits)

**Bangor VA Mental Health Clinic** 304 Hancock Street, Suite 20, Bangor, ME 04401  
(207) 561-3650

**Portland VA Mental Health Clinic** 73 Washington Avenue, Portland, ME 04101  
(includes Home-Based Primary Care) (207) 771-3500

**Vet Centers - Readjustment Counseling**

Bangor	352 Harlow Street Bangor, ME 04401	(207) 947-3391
Caribou	456 York Street, Caribou, ME 04736	(207) 496-3900
Lewiston	29 Westminster Street, Lewiston, ME 04240	(207) 783-0068
Portland	475 Stevens Avenue, Portland, ME 04101	(207) 780-3584
Sanford	68 Main Street, Springvale, ME 04073	(207) 490-1513

**VA Homeless Veterans Coordinator:** Dennis Tully - Cellular (207) 329-5981

**MAINE VETERANS' MEMORIAL CEMETERY ELIGIBILITY APPLICATION**

163 Mt. Vernon Road, Augusta, ME 04330

Tel.: 207-287-3481 Fax: 207-287-3483

Please complete the items listed below and mail to the above address so that eligibility may be determined.

1) Name of Veteran \_\_\_\_\_ 2) Tel.# \_\_\_\_\_

3) Address \_\_\_\_\_ 4) City \_\_\_\_\_ 5) State \_\_\_\_\_ 6) Zip \_\_\_\_\_

7) Date of Birth \_\_\_\_\_ 8) Service/Serial # \_\_\_\_\_

9) Social Security # \_\_\_\_\_ 10) County residing in \_\_\_\_\_

11) Please list names and relationships eligibility is requested for:

Spouse \_\_\_\_\_ (must be married to the veteran to be eligible)

Unmarried Dependent Child who became incapable of self-support before reaching 18 years of age due to a mental or physical disability \_\_\_\_\_

12) Please **select** from the following your preference for a burial location within the Maine Veterans' Memorial Cemetery System:

- Northern Maine (37 Lombard Road, Caribou)
- Central Maine (163 Mt. Vernon Road, Augusta)
- Southern Maine (Possible future cemetery system expansion to include a cemetery in southern Maine such as in Springvale)

**Please submit with your application proof of military service as follows:**

**Active Duty** – Please submit a **certified** copy of your DD214 or equivalent (If more than one period of service, please submit a copy of each DD214 you were issued).

**National Guard/Reservists** – Please submit a copy of your 20-year retirement letter and a DD214, NGB22 or equivalent.

*I hereby authorize the U.S Department of Veterans Affairs (VA) to release information pertaining to my military service to the Maine Veterans Memorial Cemetery System. This includes my dates of service, branch of service and the character of the discharge that I received.*

\_\_\_\_\_  
Signature of Veteran

\_\_\_\_\_  
Date